







#### Bistro Chicken with Cheese and Bacon

Chicken simmered in a rich tomato and mushroom sauce, then topped with gooey cheese and crispy bacon, ready in just 30 minutes.



# Family Favorite Chili

Made with hearty ingredients and simple flavors. It's budget-friendly and perfect for a quick and easy meal.

## BREAKFAST IDEAS

- Southern Cheese Grits
- Cranberry Pistachio Oatmeal
- Low Fat Carrot Raisin Muffins

Wed

Tue



### Homemade Vegetable Beef Soup

A pot full of soul-warming goodness, this hearty, satisfying soup is very versatile and a great option for lunch or dinner on a chilly evening.



- Cannellini Bean and Tuna Salad
- Quick and Easy Pepperoni Calzone

Thu



## <u>Traditional Bolognese Sauce</u>

A rich, beefy tomato sauce for your pasta that's great with any ribbon or tube type pasta.

Grilled Buffalo Chicken Wraps

Fri



# Slow Cooker Barbecued Ribs

Prepped in about 10 minutes and cooked long and low. You may never go back to cooking them on the grill again!

#### SNACK IDEAS

- Lemon and Cherry Muffins
- <u>Caraway Cheese Spread</u>

• <u>Best Ever Oatmeal Raisin Cookies</u>

Sat



## Leek and Potato Soup

Enjoy a taste of Ireland with this traditional Leek and Potato Soup recipe. Serve it warm with a hearty bread and butter on the side.

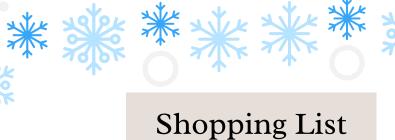
Sun

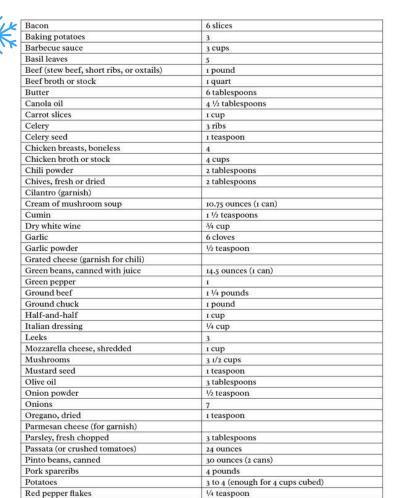


## Steak Tips with Creamy Mushroom Sauce

Tender bite-sized tidbits of steak, seared until golden brown and cooked in a savory mushroom sauce served over rice, potatoes, or noodles.







Rice, mashed potatoes or noodles (for serving steak tips)	4 servings	7
Seasoned salt	ı teaspoon	1
Sirloin steak (or top round)	1 ½ pounds	
Sour cream (garnish for chili)		
Spaghetti	1 pound	
Stewed tomatoes, canned	15 ounces (1 can)	
Tabasco (garnish for chili)		
Tomato paste	4 tablespoons	
Tomatoes, diced with juice	58 ounces (4 cans)	
Whole wheat bread	4 slices	